# Understanding what is going on in your group yourself

There is no single way of getting a group to work well coming from outside; quite the opposite, it is up to group participants to ask themselves the right questions —without forgetting any- to find the answers that adapt to them. This questionnaire allows you to study your group in all its dimensions. It may be filled in by the facilitator/s or, even better, by all group members, even those who participate little or not at all.

The answers you get will remain strictly yours. Nobody will be collecting a copy...so don't refrain from speaking your mind. However, the last page allows you to select those items you wish to share with others in a second phase. Making the facilitators and group members aware of what goes on in the group, individually and collectively whenever possible, is one of the most powerful ways of making the group move forward.

Most of the items contained in the questionnaire are easy to deal with using common sense. Nevertheless, there are four items that are quite counter-intuitive for many of us. They are marked with an asterisk and are accompanied by an explanation. You should also tick the boxes next to each title that you find important for your group (this will help you in your summary). You may also use the back of each page if this gives you ideas...

You will find this document on the site <a href="http://ebook.coop-tic.eu/">http://ebook.coop-tic.eu/</a> and discover additional information for the different areas presented. You may also download the text "Cooperation in 28 key words" that gives the details for the areas included in this questionnaire.

The first version of this questionnaire was drafted by the Fing Intelligence group in 2007, facilitated by Jean-Michel Cornu (<a href="http://ic.fing.org/">http://ic.fing.org/</a>). It then evolved within the framework of the Animacoop (<a href="http://animacoop.net">http://animacoop.net</a>) and Cooptic (<a href="http://coop-tic.eu">http://coop-tic.eu</a>) training sessions on Networking Tools and from the group AnimFR group facilitators (<a href="http://imaginationforpeople.org/fr/workgroup/animfr/">http://imaginationforpeople.org/fr/workgroup/animfr/</a>)

Licence Cc -by -sa 3.0 FR 2013. You may reproduce, distribute and disseminate this document freely. You may also adapt this document using this same licence or a similar one. <a href="http://creativecommons.org/licenses/by-sa/3.0/fr/">http://creativecommons.org/licenses/by-sa/3.0/fr/</a>

First and foremost: give the group name (or sub-group name) you will be talking about.
Name:
Do this exercise for a specific group. If you wish to talk about a different group, please use a second copy of this questionnaire
Convergence and conflict*  There are important items for me in this area
It is often believed that one should participate in a group putting collective interests before personal interests. Altruism is not impossible, but is a different thing. Here we are interested in cooperation where we can organize a group so that personal interests converge as often as possible with the collective interests (i.e.: if I gain recognition from others when I do positive things, I will be more likely to continue).
A balanced group makes its members converge in a similar direction but also leaves room for some other "diverging" ideas (not too many, though) to enliven the group; even a touch of opposition to allow for questioning.
(place one or more lines in the box between the signs – and +)  How does your group converge?
- + Is there any divergence? Other ideas?
Is there any opposition, or even conflict? +
Do any of the items need to be re-balanced? Which?
How?
In situations where opposition or even conflict arises, are you able to map the opinions and show them to all group members so that no decision is made until you have a global perspective (and whenever possible other ideas different to those opposed initially)? Yes No

# Engagement and disengagement\* There are important items for me in this area

We often mistake the terms mobilisation (mobilizing others) and engagement (getting oneself involved). Engaging means contributing something, besides what we are asked to do. Even if we are paid, we do not always engage. The aim is to promote engagement without being able to impose it. Not being engaged in a group is not bad; we often have many other concerns outside the group. It is up to the group to encourage engagement...

Engagement depends on three things: **motivation** (pleasure, recognition, learning...) but it may be hindered by **obstacles** (lack of trust within the group, personal problems...) and **difficulties in participation** (the complexity of contributing, the lack of reactions from others when we start to participate...)

(place one or more lines in the box between the signs – and +)

How would you define your level of engagement in the group?

- +

How would you define the level of engagement of others?

- +

How can we promote greater engagement in the group (not necessarily yours...):

Two "group diseases" lead to **disengagement**. They can easily be detected when hearing standard phrases such as "Damn" or "That's not my problem". Have you detected these symptoms in the group, or have you used them?

Yes No .

# Conscience and aggression

There are important items for me in this area

We are never aware of all that goes on in a group, but the greater the awareness, the easier it will be for the group to find solutions. This is true for facilitators, but also for the group members (facilitators don't see everything, and group members can help things to develop smoothly), and even for the group (elements that group members are aware of but that they do not discuss, "things unsaid").

Fear or rage when there is an **aggression**, for example, instantly reduces the level of awareness. Does this

happen often in the group? Yes No ...

mechanisms) and showing the done better by one person, a people and relationships with	ent, showing the group to itself (to promote convergence and recognition e group to the exterior world (to promote outcomes) Some of these tasks are sub-group or by everyone together. However, particularly when coordinating the environment, it is wiser to focus one's "attention" on what is going on unities) than one's "intention" referring to what we would like to see te).
Which tasks do you think a	re not addressed adequately?
Does coordination focus	more on intention (-) or on attention (+)
	s not always bad and we can sometimes afford to promote opposing l sufficiently? Yes No
Size*	There are important items for me in this area
than 12, we can no longer percentage of proactive people (those re observers.	s to cooperate between up to around 12 people. When there are more master all the interactions occurring in the group. In larger groups, the people (those taking initiatives) is quite low, whereas the percentage of eacting to requests) is quite high. All others remain inactive or are to depending on the groups
<ul> <li>Up to twelve participant</li> <li>Between 12 and 100: excessive effort, except</li> <li>Between 100 and 1000 can facilitate tasks is re</li> </ul>	participants is quite constant, leading to different group types: hts: we can distribute a task to each member (small group); not enough people react to ensure sufficient dynamism without an for one-off events (medium-sized group); http://distribute.com/distribute
number of people (even if	el of engagement (as seen before), but especially we can increase the few are active a priori) to promote dynamism and reactions.
How do we increase the gro	up size?

Coordination and inconsistency There are important items for me in this area

In a group there are many coordination tasks: defining goals, re-launching the group, keeping track of

There are three types of intention in a group: getting members in touch (here we talk of a social network), providing a collective identity (community) where we can produce collectively and ultimately benefiting people outside the group (work group). It is important to be aware of the group's main intention without leaving other aspects aside.  What is the group's main intention?  Is there any other aspect that is under-estimated? Which one?  Maturity  There are important items for me in this area  Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of commons (goals, operating rules, production of common goods)	Inte	ntion			There are i	important	items for	· me in this area			
Maturity  There are important items for me in this area  Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of	<b>netwo</b> ultima	ork), provitely bene	viding a efiting p	collective eople out	e identity side the g	( <b>comm</b> ) roup ( <b>w</b> )	unity) ork gr	where we can oup). It is imp	produc	e collectiv	ely and
Maturity  There are important items for me in this area  Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of	What	is the gr	oup's n	nain inter	ntion?						
Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of	Is	there	any	other	aspect	that	is	under-estin	nated?	Which	one?
Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of											
Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of											
Relationships between the group and its members go through several phases, regardless of the level of maturity within the group. When the group is an infant, its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of	Mat	urity			There are i	important	itams for	me in this great			
level of maturity within the group. When <b>the group is an infant</b> , its members rely on the facilitator. When it is adolescent, negative leaders appear to question legitimacy. Once it is an adult group the members have a greater influence on the group but are also capable of protecting it from attacks coming from inside and from outside.  What is the maturity phase of your group?  Is it ready to mature? If the answer is yes, what action could make it mature?  Commons  There are important items for me in this area  The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of		•		41		=	-		1		C (1
The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of	facilita adult protect What	ator. Who group to eting it from is the man	en it is the ment of attack	adolescent nbers have the coming phase of	nt, negative a great g from inst	ve leader ter influide and :	rs appe lence of from ou	ar to question on the group itside.	legitima but are	acy. <b>Once</b> e also cap	<b>it is an</b> pable of
The group has, to a greater or lesser extent, a shared culture (history, vocabulary) and a set of	Com	mons			There are i	important	items for	· me in this area			
	The g	roup has,	_		sser exten	ıt, a shaı	ed cult	ure (history, v	ocabula	ry) and	a set of
(place one or more lines in the box between the signs – and +)  Is the group culture accessible, also for new members?  +			ulture a								
Are the group's commons accessible, also for people outside the group?  +	Are th	e group		nons acce	essible, als	so for po	eople o	outside the gro	oup?		

- +

#### Ex-post choice\*

There are important items for me in this area

We have a culture of optimization that is well adapted to project planning. In cooperation, however, instead of making optimized choices a priori, it is necessary to raise a large number of possibilities and choose those that seem best at the end. It is important to know how to choose the most relevant at each stage from the **3 existing strategies:** 

- 1. Planning: predicting in order to manage scarcity in an optimized way
- 2. **Negotiation**: making a choice at the present time (like when negotiating a price)
- 3. Ex-post choice: from the abundance of possibilities to manage unforeseen elements

#### It is important to **choose the right strategy**:

Are choices made ex-post, after collective exchanges?

- Ex-post choices and the abundance of choices allow managing **cooperation in the groups** and also allow **innovation** (both are unforeseeable and are managed by chance).
- Foreseeing and planning are best adapted to **critical tasks** and to managing **constraints**.

A group allows generating opportunities but may also entail some constraints. It is important to decrease constraints and allow the facilitator/s to manage those that remain.

Yes No No
Which constraints can be turned into opportunities?
Which constraints should be managed by the facilitator?
External constraints  There are important items for me in this area
Whether <b>external expectations</b> (outcomes, timings, quality, financing expectations) come from a boss or from users of what the group produces, they may have a <b>positive impact</b> since they stimulate the group (mishaps help production), but they may also have a <b>negative impact</b> by paralysing, stressing or demoralizing the group.  (place one or more lines in the box between the signs – and +)
Does the group take external expectations into account?  +  Are external expectations paralysing ( ) or stimulating ( ) ?
Are external expectations paralysing (-) or stimulating (+)? +
How can we adapt the group to external expectations?

## Legitimacy

There are important items for me in this area



The group's legitimacy, as its internal maturity, goes through several phases. At the beginning the group is unknown to the outside, then it must find its place and finally it becomes legitimized and recognized (people from outside the group promote it rather than the facilitators).

(place one or more lines or an interval in the box between the signs – and +)

Do you consider the group is visible?

+

Do you consider the group is legitimized and recognized?

+

## **Exchanges**

There are important items for me in this area



The group "feeds" on information coming from outside and takes new members on board who bring "fresh air" into the group, even if people leaving the group is also natural.

(place one or more lines or an interval in the box between the signs – and +)

Does the group feed on information coming from outside?

-

Are there many exchanges with other groups?

+

Do new members arrive in the group frequently?

# Your "Surprise Report" on the group

Look at those areas you considered to be important and that you ticked, and choose 3, 4 or 5 that you found to be surprising, interesting, questioning...please state the area (for example, engagement) and add one line on what it is you find important.

Public?	Area:
Public?	Area:
Public?	Area:
Public?	Area:
Public?	Area:
	,

Now please tick the boxes on the left of the areas for those points you feel ready to share with group members (It is not always easy to talk about everything, but this isn't a problem, at least you asked yourself some important questions). The aim of this questionnaire is to get yourself to think of a set of questions about your group and to foster collective sharing on certain aspects.